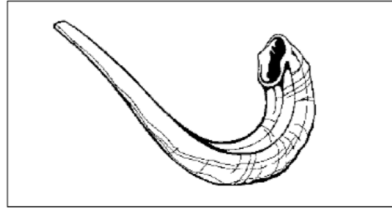


# GREEN VALLEY SHOFAR



Vol. 21. No 5

September/October 2016

**Beth Shalom Temple Center**

## PRESIDENT'S MESSAGE

Summer has heated up, and the monsoons have arrived. Hopefully, you have managed to remain both cool and dry.

Recently, we have managed to address several concerns: the automatic mechanism that opens the front doors has been adjusted, so that the doors will not only open fully but also remain open for a full 15 seconds. Central Alarm has been out to repair the system, which caused some key fobs to malfunction, and the battery has been replaced in the AED (defibrillator.) A team of members is obtaining bids on repairing the fountain.

We have several wonderful additions to our BSTC team: Joyce Finkelstein has joined the Board of Directors and Danielle Wernick has become our new Membership Chair.

In addition, BSTC extends a warm welcome to Steve Levine, who has been selected to become our new Membership Coordinator. Please come and meet Steve during our September 4<sup>th</sup> Bagel Breakfast, as we extend our cordial good wishes to him.

Preparations are already under way, as we look forward to the High Holy Days and Break the Fast.

Amy Storer, President  
Beth Shalom Temple Center

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Book of Remembrance  
The High Holidays

## CALENDAR OF EVENTS

### Saturdays, 10:00 a.m., to Noon, Torah Study

Friday, September 2, RSVP deadline for **Romeo & Juliet Dinner** in honor of **Sam Miller's 90<sup>th</sup> birthday**. RSVP or for further information contact Merle Sobol at merle8729@gmail.com or 520-300-6770. Cost: Free for Men's Club members and their spouse, \$16 for non-Men's Club members. Open to everyone

Friday, September 2, 7:00 p.m., **Friday Night Service**

Sunday, September 4, 9:30 to 10:00 a.m., **Michael G at the piano** (Before Bagel Breakfast)

Sunday, September 4, 10:00 a.m. (doors open at 9:30 a.m.); **Bagel Breakfast**, Sponsored by **Irene and Sam Miller**. See *Cyrel Bandy* for purchasing the **Jim Click Raffle Sale tickets**

Sunday, September 4, following Bagel Breakfast; **Yiddish Club**

Wednesday, September 7, 5:00 p.m. **Romeo & Juliet Dinner** celebrating *Sam Miller's 90<sup>th</sup> Birthday*. Location: Coyote Grill- see specific article relating to menu etc.

Friday, September 16, **DEADLINE FOR BOOK OF REMEMBRANCE**

Friday, September 16, 7 p.m., **Friday Night Service**. Oneg sponsored by **Nancy Feldman in memory of her father Lester Feldman**

Sunday, October 2, 9:30 to 10:00 a.m., **Michael G at the piano** (Before Bagel Breakfast)

Sunday, October 2, 10:00 a.m. (doors open at 9:30 a.m.); **Bagel Breakfast**, Sponsored by **Joyce and Michael Finkelstein** in honor of Joyce's birthday.

See *Cyrel Bandy* for purchasing the **Jim Click Raffle Sale tickets**

Sunday, October 2, following Bagel Breakfast; **Yiddish Club**

Sunday, October 2 (5:49 p.m.) to Tuesday, October 4 (6:40 p.m.) **Rosh Hashanah**

Tuesday, October 11 (5:38 p.m.) to Wednesday, October 12 (6:31 p.m.) **Yom Kippur**

Tuesday, October 12 Break the Fast - details to be announced

Sunday, October 16 (5:34 p.m.) to Sunday, October 23 (5:24 p.m.) **Sukkot**,

Friday, October 21, 7 p.m., **Friday Night/ Sukkot Service**.

Sunday, October 23 (5:24 p.m.) To Monday, October 24 (6:18 p.m.) **Shemini Atzeret**

Monday, October 24 (6:18 p.m.) to Tuesday, October 25 (6:17 p.m.) **Simchat Torah**

Friday, November 4, 7 p.m., **Friday Night Service**. Oneg sponsored by Sam and Irene Miller

## MEMBER NEWS & UPDATES

### BIRTHDAYS: Happy Birthday to:

Sept. 6 Melvin Roman  
Sept. 7 Sam Miller  
Sept. 12 Charlotte Brody  
Sept. 15 Gerald Foigelman  
Sept. 19 Stephen Feldman  
Sept. 26. Jim Barwick  
Oct. 3 Larry Feldman  
Oct. 4 Dorrie Roman  
Oct. 4 Barbara Winfield  
Oct. 4 Gary Friedman  
Oct. 8 Irene Falkenstein-Case  
Oct. 15 Joyce Palm  
Oct. 16 Joyce Finkelstein  
Oct. 16 Nancy Feldman  
Oct. 19 Nancy Karsh  
Oct 22 Stephen Weig  
Oct. 23 Linda Stein  
Oct. 24 Suenette Maron  
Nov. 2 Jerry Belenker

### ANNIVERSARIES: Mazal Tov to:

Sept. 2 Ellen & Barry Savitz  
Sept. 9 Sara & Michael Benisch  
Sept. 21 Sara Voorhess & Barry Weissman  
Nov. 1 Carmen & Sig Friedman  
Nov. 5 Gary & Timber Friedman

*May you continue to celebrate your  
anniversaries in good health, happiness and joy.*

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*Have a wonderful day and year*

## TRIBUTES

Do you need to send a greeting card? Do you want to support your Temple? Here's a great way to do both. Judy Lugers, BSTC Tributes Chairman, will mail a lovely, personalized card to whoever you choose. Here's how to do it:

Send your Tribute request and free-will offerings to:

1. Beth Shalom Temple Center, P.O. Box 884, Green Valley, AZ 85622 (mark "Tributes" on the envelope!)
2. OR mail it to me at 206 W Paseo Recortado, Green Valley AZ 85614
3. OR send an e-mail to me at [jlugers@yahoo.com](mailto:jlugers@yahoo.com) (send your check to BSTC)

I'll receive your request much faster if you e-mail it or send it to my home address.

If ordering several Tributes at the same time, print the birthday/anniversary page of the Shofar, check off the names of those you'd like to designate for Tribute(s), and mail it in with your check. Tributes may be sent with your own personal greeting for birthdays, anniversaries, get well, condolences, best wishes for the new home, in appreciation, mazel tov, and sympathy upon loss of a pet. *Judy Lugers, Tributes Chairperson*

## GET WELL

Gary Bregman from Mel and Dorrie Roman

## CONDOLENCES

Michel Kouhanis and Ceylon Kelly on the loss of their son, Timothy Kelly from Barry and Ellen Savitz; Esther and Ed Brill and Steve and Suenette Maron

Zwerling family for Martin Zwerling from Steve and Suenette Maron

## Yahrzeits

Beth Shalom Temple Center provides a reminder of Yahrzeits, and the name(s) of your loved ones will automatically be recited for Kaddish at the appropriate Sabbath services according to the Hebrew calendar. If your Yahrzeits are not yet on the current list and you wish them to be, please notify Judy\_Lugers (jlugers@yahoo.com) or send a note to the Temple for my attention with the following information: your name, the name of deceased, date of death including the year, Hebrew date if available (if not, I can convert it).

PLEASE NOTE: The lights on the Yahrzeit board are turned on according to the Hebrew calendar. If you prefer the light next to your loved one's plaque to be lit at another time or if you notice an error, please contact me and I'll make the change for you. Thank you.

*Judy Lugers, Yahrzeit Board Chairman*

### Donations have been received from

Michael Gervan for his aunt, Fay Pilsner

Alan Winfield for his mother, Ann Winfield and his father Frank Winfield

Francine Schlaks for her father, Max Schlaks and for her mother, Edith Schlaks

Ingeborg McDonald for her friend, Donald Weisbaum

Serene Rein for her mother, Frances Leavitt

Marcia Wiener for her father, Jack Nurnberg; her father-in-law, Matther Wiener; and her aunt, Frances Fried

Renee Marcus for her mother, Sadye Capin Marcus

Louis Simon for her father, Arno Simon

Joyce and Mike Finkelstein for Mike's mother, Bernie Finkelstein; and for Joyce's father, Ralph Disman

## BOOK OF REMEMBRANCE

Every year, BSTC distributes the Book of Remembrance at Yom Kippur. If you wish to have the name(s) of your deceased loved ones included in the book for 5777, October 2016-

*September* 2017, please send in your information (print clearly to avoid any misspellings) along with your free-will donation by **September 16th**. Please understand that, in order to allow time for editing and printing, absolutely no submissions can be accepted after this date. Send the form you will find at the end of this *Shofar* to the Temple at P.O Box 884, Green Valley, AZ 85622, or drop it in the office slot, and mark your envelope *and check* BOR.

*The Book of Remembrance is a keepsake, and also one of the Temple's major fund raising projects.*

Thank you.

Suenette Maron and Jo Legat

## PROGRAMS AND EVENTS

### The High Holidays – *Yamim Noraim*

The *Yamim Noraim*, also known as the High Holy Days and the High Holidays usually refers to the Holidays of *Rosh Hashanah* (Jewish New Year) and *Yom Kippur* (Day of Atonement) but can refer to the entire ten days between Rosh Hashana and Yom Kippur as well as the season associated with them. *Yamim Noraim* literally mean “the Days of Awe” because during this time period one is supposed to be introspective and consider the sins of the previous year and atone or repent before Yom Kippur. The ten days from Rosh Hashanah to Yom Kippur are also referred to as the “Days of Repentance”

A major theme of the Days of Awe is the idea that *Ha'Shem* (G-d) has a book in which the names of who will live or die, and who will have a good life or not for the next year is written. On Rosh Hashanah these xxx are written and on Yom Kippur the book is sealed. Our actions during the Days of Awe can alter this “stern decree” however through “*teshuvah*, *tefilah* and *tzedakah*,” repentance, prayer, good deeds (commonly charity). The concept of writing in books is the source of the common greeting during these holidays. Before Rosh Hashanah we usual greet people with “*L’shanah tova tikatevu v’chaitemu*”– “May you be inscribed and sealed for a good year.” “*L’Shana Tova u’Metukah* “– a good and sweet year is also heard during the high holidays.

It is customary during this period to seek reconciliation or forgiveness with those we may have wronged during the course of the year since, according to the Talmud, Yom Kippur only atones for those sins between the person and G-d, and not between one person and another.

Another custom of the period is *kaparot* (symbolic “atonement”) whereby a chicken or money (which are then given to charity) is passed over one’s head and we ask that any harsh decrees for the new year be transferred to the chicken or ameliorated by the money as one recites “This is my exchange, this is my substitute, this is my atonement. ”The chicken was slaughtered and given to those needing food for the erev Yom Kippur meal.. In my family money wrapped in a handkerchief was used in carrying out *kaparot*. Do any of you remembering seeing the *kaparot* ritual, especially with a chicken. It must have been something.



Lithograph of Kaparot. late 19<sup>th</sup>/early 20<sup>th</sup> century

### Rosh Hashanah

*In the seventh month, on the first of the month, there shall be a Sabbath for you, a remembrance with shofar blasts, a holy convocation. – Leviticus 16:24*

A two-day holiday, even in Israel, *Rosh Hashanah* means “head of the year” but is also known as *Yom Teruah* or day of sounding the Shofar because of the number of times the Shofar (ram’s horn) is blown (100 notes per day). In fact, the blowing of the Shofar is the only religious commandment for the holiday. The Shofar however is not blown on Shabbat.

Rosh Hashanah is also referred to as the Day of Judgment” as we are “judged by G-d for how our coming year will be, as well as *Yom Ha-Zikkaron* - the day of remembrance, as we come together to pray for the Jewish nation and people and remember our history and those fallen during terrorism. The name “Rosh Hashanah” interestingly is not used in the bible to discuss the holiday.

Except for the resolutions one makes, the Jewish New Year in no way resembles the American New Year. As noted it is a time of prayer and repentance.

Interestingly, Judaism has several “new years.” Rosh Hashanah is the new year of years when we increase the year number and occurs on the first two days of Tishrei, the seventh month of the calendar year. This new year is 5777. Others include Nissan (usually in April when the begin counting the months of the calendar, and Shevat 15 (in February) when we have the new year for trees (remember celebrating Tu B’Shevat?).

During Rosh Hashanah it is traditional to eat apples dipped in honey (or if you were in my family we dipped challah in honey) to symbolize our hopes for a “sweet year” reciting the *b’racha* (blessing) for fruit. Another popular practice is “*Tashlikh*” (casting off) whereby Jews walk to flowing water on the afternoon of the first day (except if it’s Shabbat, and then it’s the next day) and empty their pockets (usually of breadcrumbs) to symbolically cast off sins.

## Yom Kippur or “Day of Atonement

According to the website [Judaism 101](http://www.jewfaq.org/holiday4.htm), the name of the holiday and its meaning, “pretty much explains what the holiday is. It is a day set aside to “afflict the soul” to atone for the sins of the past year” (<http://www.jewfaq.org/holiday4.htm>). Scholars argue whether Yom Kippur or Shabbat is the holiest and most important day. In any case it has been referred to as a “complete Sabbath where one is not to work on that day. It is also a day of fasting, prayer and repentance although anyone who is unable to fast because of age or illness or other types of medical conditions (e.g. pregnancy) are excused from doing so. In fact, if there is a threat to life, it is prohibited in the Bible to do so. As Irene Case noted in a recent e-blast “Judaism always values life above the observance of Jewish law.”

Erev Yom Kippur we have a nice, hopefully filling meal before we light the candles for the holiday as well as *yahrzeit* candles for our dead loved ones and make our way to temple/synagogue and thus begin our fast. As a child, I would love to see the people coming from all directions to converge onto the synagogue. Once the service begins the cantor begins the *Kol Nidre* service (named service). Kol Nidre is not really that deals with promises and course of the year. *Kol Nidre* petition G-d to not hold us to might make in the next year. We also declare that by the authority of the heavenly and earthly tribunals it is “lawful to pray with sinners.” Underneath this statement of nullification of



for the prayer that starts the a prayer but rather a statement vows commonly made in the translates as “All Vows” and we any personal vows with G-d we

promises and other verbal commitments that we are asking to be absolved of and having them declared null and void, is the idea that just as G-d is forgiving and invalidating our promises we are hoping that G-d will reciprocate in kind and if harsh judgments have been made/inscribed that they too will be voided.

During Kol Nidre and during the services the next day for a total of ten times we silently confess our sins via the "*al chet*" lightly knocking with our fist over our hearts. The Al Chet is integral to the Yom Kippur service. There are 44 such utterances including those we may or may not be aware of having transgressed interspersed with "For all these, pardon us, forgive us, and atone for us. Talking about confessing, as a child, I would contemplate which sins I thought applied to me. Of course as I got older there were more sins I could acknowledge although as a full fledged adult I guess I've done most of them, why else would they be there.

I remember too, on the way home after Kol Nidre eve, wondering will I be able to get through the whole 25 or so hours of the fast. How was it that I was already hungry and thirsty so soon after such a big meal? I wondered why was I so excited that I was finally able to fast. Of course, I now wonder if I can fulfill the day for entirely different reasons. Last year going through chemotherapy, I couldn't fast and so this year, I am happy to once again be able to. Please G-d may it be so.

As noted above under *Yomim Noraim*, *Yom Kippur* is our last appeal before the judgments entered about us are sealed at *Ne'ilah*, the concluding service. Judaism 101 notes that this service has been "referred to the closing of the gates....the "last chance" to get in a good word before the holiday ends."

There is something almost mystical about this service, at least to me, as we look around at the faces of the congregation, pale and drawn from the day, turned to the ark, usually having stood for about an hour *machzor* (special prayer book for the high holidays) almost beseeching in their stance. Certainly the tune used adds to this feeling. Glancing at our watches to see how much time is left or how many pages to go, until suddenly the service ends with a *tekiah gedolah*, a loud, long blast of the Shofar and then the place reverberates with each member turning to another to once again wish each a happy and healthy New Year knowing it has already been written down.

And then it's on to break fast where I once again begin breaking my vows. This year, I always think, I can stay away from all the sweets and *nasherei* (Yiddish word for snacks, or high carb items) and start my diet or my health way of living. Nope, the array of food and sweets is too enticing, and so it goes....

Of course after Yom Kippur we start thinking about our next holiday, *Sukkot* that starts 5 days later. Don't worry; I'm saving information related to that holiday for the October E-Bulletin.

# BOOK OF REMEMBRANCE FORM

Please print the name(s) of your dearly departed

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Remembered by: (Please print)

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Mail, or drop in the office slot, this form and your free-will donation to:

BSTC

P.O. Box 884

Green Valley, AZ 85622

Please mark BOR on your check memo and envelope. **No later than September 16th.**